



Luciano Cristovam Brazilian Jiu-Jitsu Academy

Safeguarding & Child Protection Policy

Policy Version: 1.0

Last Reviewed: 18/02/2026

1. Policy Statement

Luciano Cristovam Brazilian Jiu-Jitsu Academy ("the Academy") recognises its duty of care to safeguard and promote the welfare of children and young people.

The welfare of the child is paramount.

The Academy is fully committed to ensuring that safeguarding practice reflects statutory responsibilities, government guidance and best practice as outlined by:

- Working Together to Safeguard Children
- The Children Acts 1989 and 2004
- The Safeguarding Vulnerable Groups Act 2006
- The Protection of Freedoms Act 2012
- Data Protection Act 2018 / UK GDPR
- UKBJJA Safeguarding Policy
- NSPCC Child Protection in Sport Unit (CPSU) guidance

This policy applies to all:

- Coaches (paid and voluntary)
- Staff and contractors
- Club Safeguarding Officers
- Volunteers
- Parents, guardians and carers
- Spectators
- Members under the age of 18

The Academy acknowledges that some children, including those with disabilities or from minority communities, may be particularly vulnerable and we are committed to taking reasonable and appropriate steps to ensure their welfare.

2. Safeguarding Principles

Luciano Cristovam Brazilian Jiu-Jitsu Academy is committed to the following principles:

- The child's welfare is, and must always be, the paramount consideration.
- All children and young people have the right to protection from abuse, regardless of age, disability, gender reassignment, race, religion or belief, sex or sexual orientation.
- Safeguarding is everyone's responsibility.
- All concerns and allegations will be taken seriously and responded to appropriately and without delay.
- The Academy will work in partnership with parents, carers, statutory agencies and the UKBJJA where appropriate.

For the purposes of this policy, a child is defined as anyone under the age of 18.

3. Designated Safeguarding Officer

The Academy has appointed a designated Club Safeguarding Officer (CSO).

Club Safeguarding Officer:

Name: Luciano Cristovam

Email: admin@lucianocristovam.com

Telephone: +44 0 7498 471113

The CSO is responsible for:

- Receiving and recording safeguarding concerns
- Referring concerns to the appropriate statutory agencies
- Liaising with UKBJJA Lead Safeguarding Officer where required
- Promoting safeguarding awareness within the Academy

If the concern involves the Club Safeguarding Officer, individuals should contact:

- Local Authority Children's Social Care
- The Police (999 in an emergency)
- NSPCC Helpline: 0808 800 5000

4. Types of Abuse

Abuse can occur within or outside the sporting environment and may be perpetrated by adults or other children.

Categories of abuse include:

- Physical abuse
- Emotional abuse
- Sexual abuse
- Neglect
- Bullying (including peer-on-peer abuse and cyber bullying)

The Academy recognises that safeguarding concerns may arise from poor practice as well as deliberate abuse.

5. Reporting Concerns

Anyone who has concerns about the welfare of a child must report them immediately.

If a child is in immediate danger, call 999.

All concerns should be reported to the Club Safeguarding Officer as soon as possible.

When responding to a disclosure:

- Remain calm
- Listen carefully
- Do not promise confidentiality
- Do not investigate
- Record factual information as soon as possible

The Academy will refer concerns to:

- Children's Social Care
- The Police
- The Local Authority Designated Officer (LADO) (where the allegation involves a staff member or volunteer)

The Academy recognises it is not the role of coaches or staff to determine whether abuse has occurred. Their responsibility is to report concerns appropriately.

Failure to report concerns may result in disciplinary action.

6. Managing Allegations Against Staff or Volunteers

Where an allegation is made against a coach, volunteer or staff member:

- The matter will be reported to the Local Authority Designated Officer (LADO).
- The individual may be suspended pending investigation.
- The Academy will cooperate fully with statutory agencies.
- Confidentiality will be maintained on a strict need-to-know basis.

The welfare of the child will always be the primary consideration.

7. Whistleblowing

Luciano Cristovam Brazilian Jiu-Jitsu Academy supports and encourages anyone to raise concerns in good faith about poor practice or safeguarding risks.

No individual will suffer disadvantage or reprisal for raising genuine concerns.

8. Safer Recruitment

The Academy operates safer recruitment procedures in line with UKBJJA guidance and statutory requirements.

All coaches and volunteers working with children must:

- Undergo an Enhanced DBS check (including barred list check where applicable)

- Complete safeguarding training
- Provide appropriate references
- Complete a probationary period
- Agree to and sign a Code of Conduct

DBS information is handled and stored in accordance with Data Protection legislation.

9. Coaching Practice & Physical Contact

Brazilian Jiu-Jitsu is a full contact sport and appropriate physical contact is necessary for safe and effective coaching.

However:

- Physical contact must always be relevant, appropriate and in the child's best interests.
- Coaches should avoid unnecessary one-to-one isolation.
- Demonstrations should preferably involve students rather than coaches.
- Contact must never involve genital areas, buttocks or breasts.
- No rough, aggressive or sexually suggestive behaviour is permitted.
- Exercise must never be used as punishment.

Any concerns relating to physical contact must be reported immediately.

10. Supervision & Ratios

The Academy follows recommended supervision ratios consistent with UKBJJA guidance:

- 1:8 for children aged 8 and under
- 1:10 for children over 8

Children remain the responsibility of parents/guardians before and after their scheduled class time.

11. Changing Facilities

The Academy maintains clear standards regarding changing arrangements:

- Adults and children must not share changing facilities unsupervised.
- Mixed adult/child changing is not permitted.
- Parents are encouraged to supervise younger children where appropriate.
- Photography and filming in changing areas is strictly prohibited.

12. Photography, Media & Online Safety

The Academy recognises the potential risks associated with photography and digital media.

- Written parental consent is required before images of children are taken or used.
- Children will not be named alongside images.
- Personal details will never be published.
- Images will be stored securely.
- Coaches must not communicate with children through personal social media accounts.

Concerns regarding inappropriate photography must be reported immediately.

13. Behaviour Management

The Academy promotes discipline, respect and positive reinforcement.

The following are not permitted:

- Physical punishment
- Humiliation or ridicule
- Withholding of essential needs (water, toilet access)
- Degrading treatment

Physical intervention may only be used to prevent immediate harm and must be proportionate and recorded.

14. Transport & Events

When children attend competitions or events:

- Written parental consent is required.
- Appropriate supervision ratios must be maintained.
- Coaches should not transport children alone except in emergency circumstances.
- Risk assessments will be undertaken where appropriate.

15. Confidentiality & Record Keeping

Safeguarding records will:

- Be factual and accurate
- Be stored securely
- Be shared on a strict need-to-know basis
- Comply with UK GDPR

Information will be retained in accordance with legal and insurance requirements.

16. Adults at Risk

The Academy recognises its duty to safeguard adults at risk and will take reasonable steps to protect them from harm, abuse or exploitation within the training environment.

17. Policy Review

This policy will be reviewed annually or sooner if there are changes to legislation, guidance or UKBJJA requirements.